


Nisqually Elders menu (360)486-9546

Va & Titan, Cooks

\*menu subject to change\*  
Non-elder price \$4.00

# JULY 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Half Day Tribe Close @ Noon	2
3 	Closed	5 <b>CLOSED</b>	6 Swiss Steak Mashed Potatoes Veggie Blend	7 Stuffed Pepper Brown Rice Glazed Carrots	8 Spaghetti w/ Meatballs Roasted Veggies Garlic Bread	9
10	11	12 Pulled Pork on Wheat Bun Sweet Potato Fries Cole Slaw	13 Chili Mac Green Salad Cornbread	14 Seared Halibut w/ Lemon Butter Roasted Yukon Roasted Greens	15 Sausage & Sauerkrauts Oven Fried Potatoes Green Beans	16
17	18	19 Elk Stew & Fry Bread	20 Chicken Chopped Salad	21 Curry Tuna Melt Split Pea Soup Yogurt	22 Seafood Gumbo & Rice	23
24	25	26 Baked Pork Chops Potato Medley Creamed Peas	27 Cheese Burgers & French Fries	28 Baked Chicken Veggie Blend Buttered Noodles	29 Rice Spam Musubi Bowl Scrambled Eggs Fresh Fruit	30